

MAY 2022

Southwest Christian High School

LUNCH



For gluten-friendly, vegetarian or dairy-free main lunches: Please email lunch@swchs.org a week prior so that we may provide a main lunch for you.



School Lunch Information: Main Lunch cost \$5.00 and will include the choice of milk or juice. Other options such as sandwiches, salads or soup will also be available A La Carte.

Menu is subject to changes

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Tenders
Fries
Fruit
Vegetable

2

Blueberry Pancake
Hashbrown
Sausage
Yogurt

3

National Hoagie Day
Italian Dunkers with Sauce
Fruit
Vegetable
Dessert

4

BBQ Bacon
Cheeseburgers
Chips
Fruit
Vegetable

5

School Lunch Hero Day

No Lunch

6

Chicken Patty Sandwich
Pasta Salad
Fruit
Vegetable

9

Mac N Cheese
Vegetable
Fruit
Dinner Roll

10

Pizza
Fruit
Vegetable
Dessert

11

Sloppy Joes
Potato Chips
Fruit
Vegetable

12

National Hummus Day
Turkey Melt
Hummus and Pretzels
Fruit
Vegetable

13

National BBQ Day
TBD

16

TBD

17

TBD

18

A La Carte Extravaganza
A La Carte Item
Fruit
Vegetable

19

Last Day of Lunch
Grill Star Catering
Burger
Chips
Water
Dessert

20

No Lunch

23

No Lunch

24

No Lunch

25

No Lunch

26

No Lunch

27

Memorial Day

30

TBD

31

